

We offer a fee-for-service cash plan for our patients without insurance, who have plans that do not cover physical therapy, or who have exhausted their physical therapy benefits. Our cash-based fee schedule is unique because we charge per unit versus a flat rate. This method allows us to fairly bill patients for time spent with a therapist each visit. A CPT code represents types of therapy, exercises, or modalities provided during a visit. For example, CPT code 97112 will include Neuromuscular re-education of movement, balance, coordination, kinesthetic sense, posture, and/or proprioception for sitting and/or standing activities. 97161 is a low-complexity evaluation which takes roughly 20 minutes or less to complete.

This list includes the common codes billed during a physical therapy visit and the Pro Performance Therapy cash-based fee for each procedure:

Description	Fees
97161: PT Eval low complexity	\$85.00
97162: PT Eval moderate complexity	\$95.00
97163: PT Eval high complexity	\$110.00
97164: PT Re-evaluation/Reassessment	\$60.00
97035: Ultrasound	\$15.00
97110: Therapeutic Exercise	\$35.00
97112: Neuromuscular re-education	\$36.00
97116: Gait Training	\$30.00
97140: Manual Therapy	\$33.00
97530: Therapeutic Activities	\$38.00
97535: Self Care Home mgmt/ADL	\$38.00
20560: Dry Needling, needle insertion(s) without injection(s); 1 or 2 muscle(s)	\$40.00
20561: Dry Needling needle insertion(s) without injection(s); 3 or more muscles	\$60.00

Concerning billing, what should patients expect from a physical therapy visit at Pro Performance Therapy?

An example of billing for your first visit would be 97161 (\$85), 97110 (\$35), and 97112 (\$36) = \$156.00. This is the amount you would pay to Pro Performance Therapy.

An example of a subsequent visit billing would be 97110 (\$35), 97112 (\$36), 97535 (\$38) = \$109

Because of the CMS (also known as Medicare) billing requirements, most codes are billed in 15-minute increments. The evaluation codes (97161 through 97164) are untimed, meaning they do not fall within the 15-minute rule, and only one unit can be billed during a visit. We usually spend 45 minutes to 1 hour on the first visit, and 35-50 minutes for additional visits.

*Our fee for service cash-based fee schedule is based on the current CMS fee schedule for physical therapy CPT code reimbursement rates.