

The fee for service cash plan is an option for our patients without insurance, who are under insured, or who have exhausted their physical therapy benefits. Our cash based fee schedule is unique because we charge per unit versus a flat rate. This method allows us to fairly bill patients for time spent with a therapist each visit. The CPT codes are the same codes billed to insurance but at a reduced rate. This list includes the common codes billed during a physical therapy visit and the Pro Performance Therapy cash based fee for each procedure:

Description	Fees
97161: PT Eval low complexity	\$85.00
97162: PT Eval moderate complexity	\$95.00
97163: PT Eval high complexity	\$110.00
97164: PT Re-evaluation/Reassessment	\$60.00
97035: Ultrasound	\$15.00
97110: Therapeutic Exercise	\$35.00
97112: Neuromuscular re-education	\$36.00
97116: Gait Training	\$30.00
97140: Manual Therapy	\$33.00
97530: Therapeutic Activities	\$38.00
97535: Self Care Home mgmt/ADL	\$38.00
20560: Dry Needling, needle insertion(s) without injection(s); 1 or 2 muscle(s)	\$40.00
20561: Dry Needling needle insertion(s) without injection(s); 3 or more muscles	\$60.00

As far as billing, what should patients expect from a physical therapy visit at Pro Performance Therapy?

A CPT code represents types of therapy, exercises, or modalities provided during a visit. For example, CPT code 97112 will include: Neuromuscular re-education of movement, balance, coordination, kinesthetic sense, posture, and/or proprioception for sitting and/or standing activities. 97161 is a low complexity evaluation which takes roughly 20 minutes or less to complete.

Because of the CMS (also known as Medicare) billing requirements, most codes are billed in 15 minute increments. The evaluation codes (97161 through 97164) are untimed, meaning they do not fall within the 15-minute rule and only one unit can be billed during a visit (usually the first visits, and a reassessment code 97164 may be used in in a future visit.) Patients usually spend 45 minutes to 1 hour on the first visit, and then 35-50 minutes for additional visits.

*Our fee for service cash based fee schedule is based on the current CMS fee schedule for physical therapy CPT code reimbursement rates.